NAMIBIA SENIOR SECONDARY CERTIFICATE

ENGLISH AS A SECOND LANGUAGE ORDINARY LEVEL 4116/1

PAPER 1 Reading and Directed Writing (Core) 1 hour 45 minutes

Marks  60  2013

No additional materials are required.

INSTRUCTIONS AND INFORMATION TO CANDIDATES

• Candidates answer on the Question Paper in the spaces provided.
• Write your Centre Number, Candidate Number and Name in the spaces at the top of this page.
• Write in dark blue or black pen.
• Do not use correction fluid.
• Do not write in the margin For Examiner’s Use.
• Answer all questions.
• Dictionaries are not allowed.
• The number of marks is given in brackets [ ] at the end of each question or part question.

For Examiner’s Use

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This document consists of 17 printed pages and 3 blank pages.

Republic of Namibia
MINISTRY OF EDUCATION
PART 1

Exercise 1: Questions 1 – 5

Read the following information about Oprah Winfrey and then answer the questions on the opposite page.

O P R A H
Leaving behind a legacy

The interview of a lifetime

It was one of the greatest honours of my career to talk to Nelson Mandela. He emerged from 27 years behind bars with such grace and forgiveness. As he was leaving Harpo, hundreds of staffers lined the corridor just to shake his hand. Since then we’ve called it “The Nelson Mandela hallway”.

The show changed me

Oprah: Years after the premiere, I told Maya Angelou that opening a school in South Africa would be my greatest legacy. She corrected me: “Your legacy will be the woman who decided to leave an abusive relationship, or the mother who finally went back to school.” Putting that energy into the world for 25 years is what makes me most proud. And it’s an incredible tribute to the team who worked with me.

Air Force One has landed in Chicago!

In May 2011, the US President and First Lady talked with Oprah about the challenges of parenting at the White House, the strength of their marriage and their concern for the future. “The American dream, for too many people, is slipping away,” Barack Obama said. He also thanked and honoured Oprah. “Nobody knows how to connect better than you do,” he said. “We are just blessed and grateful to have you in our lives.”

The Indian Ocean Tsunami

It was one of the deadliest natural disasters in a century, claiming more than 200 000 lives, including Nate Berkus’s partner, Fernando Bengoechea. When disaster struck in December 2004, he and Nate were on holiday in Sri Lanka. Two weeks after surviving the tragedy, Nate shared his story with Oprah. He said a subsequent visit to Sri Lanka a year later turned out to be the biggest gift that he would receive.

Jay-Z

So much for a simple chat. In a 2009 episode, an admittedly rhythm-challenged Oprah asked lyrics genius and hip-hop mogul Jay-Z to get her into the flow with an impromptu rap. After delivering a custom-made verse on the spot, Jay-Z (raised in Stuyvesant, US) asked Oprah to join him in repeating the line he’d created for her. “Little boy from Brooklyn made it from the Stuy/Girl from out the South...” “Made it to Chi”! echoed Oprah as the audience cheered. “That’s all I’ve got!” But there was much more to their chat: The host told Jay-Z he’d left her with a big realisation about the unifying power of rap music. “You believe that rap has done more to help fight racism than anything else in our culture,” said Oprah, recalling a previous conversation she’d had with the rapper. “There’s no white or black club,” he responded. “The music is the thing that brings everyone together.”

(Adapted from: The Oprah Magazine, October 2011)
1 Name two characteristics that make Nelson Mandela such a memorable figure.
.............................................................................................................................................. [1]
.............................................................................................................................................. [1]
2 What did Oprah think would be her greatest legacy?
................................................................................................................................................ [1]
3 Why was the Indian Ocean Tsunami such a huge tragedy?
................................................................................................................................................ [1]
4 In which town did Jay-Z grow up?
................................................................................................................................................ [1]
5 What did Oprah realise about rap music after her interview with Jay-Z?
................................................................................................................................................ [1] [5]
Exercise 2: Questions 6 – 10

Read the article below and then answer the questions on the opposite page.

**FIVE SURPRISING REASONS TO GET MORE SLEEP**

Of course, in a less busy world we’d all grab extra shut-eye. But it could have more effect on your health than you think.

1 **It could make you thinner**

Research in the US has found that the less sleep you get, the higher your body mass index tends to be. A British study may have the explanation: people who sleep five hours a night were found to have 15% more ghrelin (a hormone that boosts hunger) in their bodies and 15% less leptin (which suppresses it) than those sleeping eight hours.

2 **It could boost your memory**

Sleeping plays a key role in making new memories stick in the brain. A Harvard experiment found that subjects taught complex finger movements, like a piano scale, recalled them much better after 12 hours’ sleep than after 12 hours’ wakefulness. Another study showed that working into the night slowed thinking skills, both at the time and the next day.

3 **It could fight colds, ulcers, even cancer**

Good sleep boosts the immune system. A study of elderly people suffering from depression found that those with disturbed sleep had fewer disease-fighting cells in their blood. Moreover, melatonin, produced when you sleep, is a cancer-fighting antioxidant. Night-shift workers, whose wake/sleep rhythms are disrupted, may have up to 70 times greater risk of breast cancer. It also seems the chemical your body makes to repair damage to the stomach lining is released during sleep: going without sleep could raise your risk of ulcers.

4 **It can slow down ageing**

Persistent sleep debt has been shown to affect carbohydrate metabolism and hormone function in a way that may increase the severity of age-related chronic disorders. In fact, a large-scale study concluded that people who sleep six to seven hours a night lived longer than those sleeping less than four and a half hours.

5 **It could keep you on the straight and narrow**

If you’re a child, that is. The depression and low self-esteem often associated with just being a teenager actually correlates with sleep shortage. And young kids who sleep poorly are more than twice as likely to take to drink and drugs in adolescence.

(Adapted from: Reader’s Digest Health)
6 Which hormone helps you to lose weight when you sleep?
...........................................................................................................................................................................[1]

7 Why does it not help to study until late at night?
...........................................................................................................................................................................[1]

8 Name two illnesses you may combat with enough sleep.
...........................................................................................................................................................................[1]

9 How many hours of sleep a night do you need to live longer?
...........................................................................................................................................................................[1]

10 Why is it important that teenagers get enough sleep?
...........................................................................................................................................................................[1]
...........................................................................................................................................................................[5]
Exercise 3: Questions 11 – 14

Read the article below and then answer the questions on the opposite page.

WORLD’S WARRIOR

A fearless fighter for her people and planet, Wangari Maathai will never be forgotten.

She was too educated, too strong, too stubborn, too successful and too hard to control. That is how the ex-husband of Wangari Maathai described Africa’s first female Nobel Prize winner, who died on 25 September at the age of 71 after a long battle with ovarian cancer. The remark may have been meant as an insult, but it also sums up the virtues by which the iron-willed Kenyan lived, and why she was globally acclaimed for her efforts to save the planet.

Her admirers and champions include world leaders, dignitaries and celebrities, among them Archbishop Emeritus Desmond Tutu and Oprah Winfrey.

Wangari’s determination became clear during her frequent and sometimes violent confrontations with the government of former Kenyan President Daniel Arap Moi. She and her supporters withstood beatings, tear gas, jail terms and death threats as they fought to save Africa’s forests and root out the corruption that was behind their destruction.

“The first time I met her was in 1992, when she led the campaign for the release of political prisoners in the run-up to our country’s first pluralist elections in three decades,” remembers Manoah Esipisu, a journalist for Reuters news agency in Kenya at the time.

“She was a firebrand. She was beaten unconscious by police on that occasion. It’s a path she was to tread many more times, but one she didn’t depart from until she felt she had been heard. She was a pioneering woman,” Manoah told DRUM.

Her work eventually won her the Nobel Peace Prize in 2004 and many asked why the award was given to an environmentalist rather than to a peace activist. But her track record speaks for itself. As she herself regularly pointed out, protecting our natural resources is the key to peace, since it’s often the reason people go to war. She said her work was “a matter of life and death” for Kenya.

“When resources are degraded, we start competing for them, whether it’s at the local level in Kenya, where we had tribal clashes over land and water, or at the global level, where we are fighting over water, oil and minerals,” she said. “One way to promote peace is to promote sustainable management and equitable distribution of resources.”

And in this battle for the survival of the planet’s resources, Wangari herself nearly met her end on a number of occasions. In 1989, her protests forced Moi to scrap plans to build an office tower in Uhuru Park, a popular park in the centre of the Kenyan capital, Nairobi.

She took her first steps out of rural Kenya when she was seven, when her eldest brother convinced her parents to send her to school. She excelled and in 1960 earned a scholarship to study in the United States, where she achieved a master’s degree.

Wangari’s activism was sparked on her return to Kenya when she was horrified to see the changes that her homeland had undergone during her absence. That is why, with the aim of overcoming these problems, she started the Green Belt Movement in 1977.

( Drum, 6 October 2011)
11 Name **two** characteristics mentioned in the article that describe how the world saw Wangari Maathai.

(i) .................................................................................................................................................. [1]

(ii) ................................................................................................................................................ [1]

12 Why was it unusual that she won the Nobel Peace Prize in 2004?

.................................................................................................................................................... [1]

13 What, according to Wangari Maathai, is often the main cause of local and global wars?

.................................................................................................................................................... [1]

14 What evidence in the passage shows that her campaigns were successful in Kenya?

.................................................................................................................................................... [1] [5]
Exercise 1: Questions 15 – 19

Read the following text and write the changes you would make in the spaces so that the passage reads correctly.

**PICK UP STICKS**

Western lowland gorillas don’t swim. So Leah, **(a)** adult female gorilla hesitates when she comes to an unfamiliar pond in a national park in the Congo. To join her family on the other side, Leah could risk taking the short cut through the water, or she could walk all the way **(b)** the pond.

Leaving her baby safely on land, Leah straightens up and **(c)** (to wade) **(to wade)** into the water which rises to her waist. Afraid to continue, the gorilla returns to shore. But she doesn’t quit. She grabs a stick and she does what a human might do. Before every step Leah pokes the stick into the water and measures **(d)** depth.

“Chimps use tools a lot,” says primatologist, Thomas Breuer, of the Wildlife Conservation Society. “But this is the first time a gorilla has been seen using tools in the wild.”
15 (a) .................................................................................................................. [1]
(b) .................................................................................................................... [1]
(c) .................................................................................................................... [1]
(d) .................................................................................................................... [1]

16 Find a word in the text which means the opposite of “fearless”.
.......................................................................................................................... [1]

17 Change the following sentence into the negative:
Chimps use tools a lot.
.......................................................................................................................... [1]

18 Rewrite the following sentence starting with the underlined word:
The gorilla grabs a stick to help her find her way.
.......................................................................................................................... [1]

19 Fill in the missing words:
The gorilla was ....... clever ....... her own good. [1]

[8]
Exercise 2: Question 20

John Paul Smith is a keen photographer. He lives in Bloemfontein, South Africa. He is 18 and was born on 5 October 1995. He read in his local newspaper about a YOUNG PHOTOGRAPHERS’ competition and is very excited to enter.

He takes photographs in his free time and also freelances for his school’s paper. On Saturdays you will either find him at school taking photos of all the activities or in nature taking pictures of animals, although he also loves to take pictures of things that are funny.

He would like to enter the category for young, upcoming photographers, seeing that he does not feel he is a professional yet, but is definitely not a beginner anymore. He would pay the entrance fee via internet banking.

John Paul lives at 55 Independence Avenue, Bloemfontein, South Africa. His postal address is P.O. Box 756, Bloemfontein, South Africa, 2345. He lives with his mother, Sue-Ellen Smith and he can be contacted at 083 759 6261 or at home at 031 597 2224. He does not have an e-mail address but uses his mother’s, which is sueellen@bloem.com

Imagine you are John Paul. Complete the form on the opposite page, using the information above.
YOUNG PHOTOGRAPHERS’ COMPETITION

SECTION A  PERSONAL DETAILS

PLEASE COMPLETE THIS SECTION IN CAPITAL LETTERS (except the e-mail address)

Full Name: ................................................................................................... [1]
Age: ............................................................................................................. [1]
Address
Postal: ....................................................................................................... [1]
Residential: ................................................................................................. [1]

Telephone: ......................................................... Cell: ................................. [2]
E-mail address: ............................................................................................ [1]
Next of kin: ................................................................................................. [1]

SECTION B  COMPETITION DETAIL

I want to enter:  (please encircle choice)
Beginners                                   Amateur                             Professional [1]

I will pay by:  (please delete as appropriate)
Cash                                        Cheque                              Internet banking [1]

Most favourite category:  (please tick)
Nature                          Animals                 People             Funny things [1]

SECTION C  ADDITIONAL INFORMATION

Experience as photographer:  (Please write two full sentences)
.......................................................................................................................... [2]
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14 ÷ ½ = 7
Exercise 3: Question 21

Read the following advertisement about table sugar, then make short notes about the information in the advertisement.

TWO DOUBLE CHEESE BURGERS AND A LARGE PORTION OF CHIPS, PLEASE. OH, AND SUGAR-FREE SODA.

Don’t laugh now. You’d be surprised at how many perfectly sane folk have uttered similarly illogical orders with a poker face. You may even know someone who smokes 30 cigarettes a day, yet still feels perfectly justified to lecture you on the dangers of drinking tap water. It’s called selective scapegoating and it’s so recognisably human. It’s how we ease our guilt about the many vices we conveniently choose to overlook. The truth is that there is seldom a single culprit to blame for our sorry states. More likely, our well-being and wellness are the result of many different factors all working in synergy. We are the products of our lifestyles, our genetics, our attitudes, our environments and our diets. And when it comes to those diets, there is no good or bad food. Only good or bad eating habits.

No single food is likely to cause our demise or our unhappy waist size. A successful diet is one that is as varied as possible and one through which we are ultimately able to achieve that most enlightening of states: balance. The lack of it may explain why South Africans are getting fatter, even though, on average, we’re consuming less than 60 calories per day from table sugar. Being half glucose and half fructose, table sugar is just a natural carbohydrate nothing more, nothing less. So it can no sooner be the cause of the many evils of which it stands accused than can potatoes, pasta, rice, maize or bread.

In fact, studies show that table sugar in the diet can actually help one adhere to low fat diets for longer, without cravings or bingeing episodes. In addition, the process of metabolising table sugar in the body actually uses up quite a lot of calories to boot. This is besides the fact that table sugar has half the calories of fat. Combined with high-fibre food, it can even help us balance our energy levels, since it is almost in the middle of the Glycemic Index, neither high nor low.

Add a sprinkling of balance to your life.

To find out more about how table sugar can play a more balanced role in your life, visit our website on www.sugarfacts.co.za, or write to us at Sugarfacts, P.O. Box 700, Mount Edgecombe, 4300. Together with your preconceptions, you may find that you’ll lose some weight too.
Successful diet

• ...................................................................................................................
• ...................................................................................................................

Table sugar component

• ...................................................................................................................
• ...................................................................................................................

Table sugar in your diet

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• ...................................................................................................................
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• ...................................................................................................................
Exercise 1: Question 22

_EduNews_ has launched an essay competition in which you can win N$1000.00.

CALLING ALL CREATIVE MINDS!

You must write an essay of approximately 100 words in which you tell what you will do to help someone in your community overcome a difficulty. Your essay must include –

- who you will help
- how you intend to help the person
- why you want to help, and
- how helping someone will make you feel.
Exercise 2: Question 23

Your friend wrote you a letter. A part of it read: “My life is falling apart! It feels as if I am going to fail Grade 12. I don’t know what to do or where to start!!”

Write a letter of encouragement to your friend, giving advice on how he/she can manage examination stress better. You should include –

• advice on how to deal with examination stress
• ideas on how to plan his/her timetable/afternoon activities/leisure activities, and
• some encouragement to guide him/her.

Your letter should be about 150 words in length.
Dear ………………………………….
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